

Rehabilitation Programs

Maple Crest Care Center has provided comprehensive rehabilitation programs to new and existing residents for over 25 years.

Response Time

In your work environment time is at a premium. We understand the need for rapid response to inquiries and the need for a smooth admission process. Therefore, our care teams goal is to reply to all inquiries within 30 minutes and take admissions 24/7.



Availability

Our rehab programs have an exceptional return home rate. As a result we are able to continually admit new residents to our community.

Capabilities

Physical, Speech, Occupational

Our therapists conduct complete evaluations for every rehab resident and develop customized recovery plans. Whether you are looking for specific modalities, improved performance of daily activities, communication or swallowing, our Maple Crest Rehab programs will meet your patients needs.



Rehabilitation Programs

ADL Training

Adaptive techniques
Assistive devices and equipment
Transfer training
Home assessment

Goal: Maximize the functional independence of residents by utilizing the activities of daily living, (dressing, grooming, toileting, bathing and home/community management skills).

Gait Training

LE strengthening
Balance and endurance training
Functional mobility/activities
Ambulation retraining



Goal: Achieve safe ambulation throughout the facility and/or home, community as appropriate.

Bed Mobility

Positioning
Mobility training
Trunk stability
Assistive devices and equipment

Goal: Decrease dependence on a caregiver for assistance and personal cares. We also help residents learn to reposition themselves and provide relief to specific pressure points.



Rehabilitation Programs

Dysphagia

Feeding skills
Oral motor skills
Compensatory strategies

Goal: Improve quality of life by identifying a diet consistent with safe eating, strengthening the swallow mechanism and decreasing the potential for aspiration.

Aphasia/Cognition

Communication assessment
Alternative devices

Goal: Reduce resident frustration by facilitating comprehension and addressing communication needs and improve socialization.

Rehab Dining

Cognitive/tactile cueing
Proper positioning
Adaptive equipment
Swallowing techniques
Visual compensation
Hand-to-mouth techniques

Goal: Increase residents' self-feeding independence using adaptive equipment/ techniques while working with trained staff.



Rehabilitation Programs

Wheel Chair Positioning

Positioning
Wheelchair seating assessment
Trunk stability
Adaptive equipment

Goal: Improve the safety of residents through the effective use of positioning devices. In addition, we help increase sitting tolerance and reduce the risk of skin breakdown.



Splinting/Contracture Management

Hand function
Joint ROM
Joint protection/mobility

Goal: Prevent contracture, preserve skin integrity, ensure joint protection and encourage ROM of joints for hygiene.



Rehabilitation Programs

Restorative Programs

Ambulation
One-on-one exercise programs
ADL activities
Socialization

Restorative Programs plan weekly monitoring of residents by the nursing and therapy staff. The staff monitors and evaluates residents progress after discharge from skilled therapy.



The Maple Crest Convenience

Transportation

We provide residents transportation to appointments and social outings. Our vehicles are wheelchair accessible and therefore available to residents at all levels of care.

Location

Our location allows easy access to local medical clinics and hospitals as well as being on a public transportation line. We are also close to restaurants, parks and shopping.

Maple Crest Care Center
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Omaha, NE 68104
402-551-2110



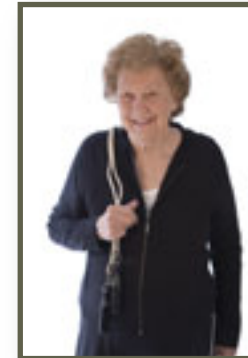
American Baptist Homes of the Midwest



Maple Crest is owned and operated by American Baptist Homes of the Midwest and is a not for profit provider of senior living and health care since 1930.

Rehabilitation Services

Physical Occupational Speech



Maple Crest
Care Center



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